

U18 Boys National Assessment
Sunday 11th December 2011 – University College Dublin

Dear All,

Congratulations on your selection to the Boys National U18 trials.

I am writing to confirm some of the key details you will require for this Sunday's Trial.

Invited athletes:

1	Andy	Allen	Ulster
2	Matthew	Allister	Ulster
3	Michael	Anderson (GK)	Ulster
4	Ross	Canning	Leinster
5	Robbie	Clarke	Leinster
6	David	Cole	Leinster
7	Lee	Cole	Leinster
8	Ben	Cosgrove	Ulster
9	James	Cox	Ulster
10	Jeremy	Duncan	Leinster
11	Adam	Fallis	Ulster
12	Stefan	Gallagher (GK)	Leinster
13	Neal	Glassey	Ulster
14	Justin	Hool (GK)	Ulster
15	James	Lorimer	Ulster
16	Mark	Loughrey	Leinster
17	Richard	Lynch	Munster
18	Andrew	McWhirter	Ulster
19	Daniel	Moore (GK)	Munster
20	Harry	Morris	Leinster
21	Connor	Roberts	Ulster
22	Jonathan	Roberts	Leinster
23	Michael	Robson	Ulster
24	Matthew	Rollins	Ulster
25	Kirk	Shimmins	Leinster
26	Ian	Stewart	Leinster
27	Scott	Sullivan	Munster
28	Jordan	Sutton	Leinster
29	Richard	Sweetenam	Munster
30	Gary	Wilkinson	Munster

The following have also been included if fit:

- Philip Hammil (injured at interpros)
- Hadyn Cartmill (injured at interpros)
- Gavin Adams (GK – nominated following performances for U16 national team)

Availability:

Can you please confirm your attendance asap to the Manager for the Day Michael Davies highperformance@hockey.ie Please ensure to confirm your name and state why you are unable to attend if this is the case. Michael's number is 085 1296960

Paperwork:

Can you please ensure your parent/guardian complete the attached **Consent Form** and bring on Sunday.

Schedule:

1230: Arrival at UCD – Meet by pitch at the National Stadium

12:45 Introduction, objectives and overview (IHA Offices)
- Program Update
- Expectations

13:15 Warm up

13:30-14:30 Pitch Session 1:

- Passing assessment
- Receiving assessment
- Small sided games

14:30-15:30 Lunch (please bring full packed lunch)

15:30 Briefing for afternoon

15:45 Warm up

16:00-17:30 Pitch Session 2

- High Intensity Game Play: Decision making assessment
- Match play 11 v 11

17:30 Warm down
Review
Depart from pitch

Please bring the following with you:

- Mouth guard and shin guards
- Stick
- Playing kit including changes of clothing and waterproofs / GK Kit
- Green Shirt / White shirt (Samurai if you have them)
- Green and navy socks
- Water bottle and Fluids
- Snacks
- Packed lunch
- Note pad and paper

I look forward to seeing you on Sunday.

Dave

David Passmore
High Performance Director
Irish Hockey
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