

HOCKEY 4 LIFE

1

Hooked on FUN

2

Exploring Play Course

3

2 Hour Topic Specific Courses

4

Coaching Goalkeeping Course

5

Transition Year

HP Course

6

Youth Leader Program

Hooked Coaching Conference

Encourages Play (Fun 4s)

Explores Play (Super 6)

Empowers Play (Extreme 8s)

Facilitates

Challenges

Demands

PLAY - PRACTICE - PLAY

INTRO
• Teachers
• Volunteers

LEVEL 1

LEVEL 2

LEVEL 3
High Perf Development

**FIH
EHF**

CORE SKILLS DVD

CORE GOALKEEPING SKILLS DVD

HOOKED ON GAMES
15 Play - Practice - Play Sessions

BUILDING BLOCKS

HOOKED ON FUN
15 Phase 1 Session Plans

CPD Plans

Mentoring

Stepping Stone Courses
(Continuous Professional Development)

Coach Approach

Coaching Qualifications

IHA Resources